



Parkinson's UK
For every Parkinson's journey

Edinburgh Branch

54th Annual General Meeting

11th March 2026



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Welcome to our AGM

Members

Carers & partners

Volunteers & activity leaders

James Jopling, Scotland Director PUK



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AGENDA

2025 Summary

Committee membership - new members

ERIG and Edinburgh lecture

Update from PUK - James Jopling



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2025 Summary

Activities

Outreach

Finance



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2025 Summary

Activities

Wide range of classes

Outreach

Get togethers with guests

Finance

Social cafes, meet & chat

Pilates class challenges

Art class update

Gina Allen, contact with
activity leaders, demits
office



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2025 Summary

Activities

Outreach

Finance

Fairmilehead café, well established. Record 20 last week

Niddrie café up and running. Good anchor attendees but need more

New café Edinburgh North/West?



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2025 Summary

Activities

Thanks to Diane and team for record fund raising

Outreach

Loss 2025 vs 2024 (£27k legacy) and 2026 challenging

Finance

Need to ensure Edinburgh gifts come to Edinburgh branch

Actual Figures 2025

Income for the year was £54,030

- Donations, fundraising and activity charges

Expenditure for the year was £64,556

- Activity leader fees and hall hire

A loss of £10,526

- Target cost recovery 50%

With £48,290 in the bank



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Committee

Chair – Stephen Brannan

Vice-Chair – Patrick Mark

Activities – Diane Drummond

Membership – Frank Ribbons

ERIG – David Melton

Secretary – Olivia Bell

Treasurer – Sandra McArthur

Comms/web – Anne Chalmers

Members – Sheila Edward
– Stuart Smith

PUK Scotland – Alice Hall



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ERIG & Lecture 2025

Edinburgh Parkinson's Research Interest Group (ERIG)

Founded in 2010 by Professor Ken Bowler and then Edinburgh Branch Chair Patrick Mark, with the support of Parkinson's researcher Dr, now Professor, Tilo Kunath from the Centre for Regenerative Medicine, University of Edinburgh

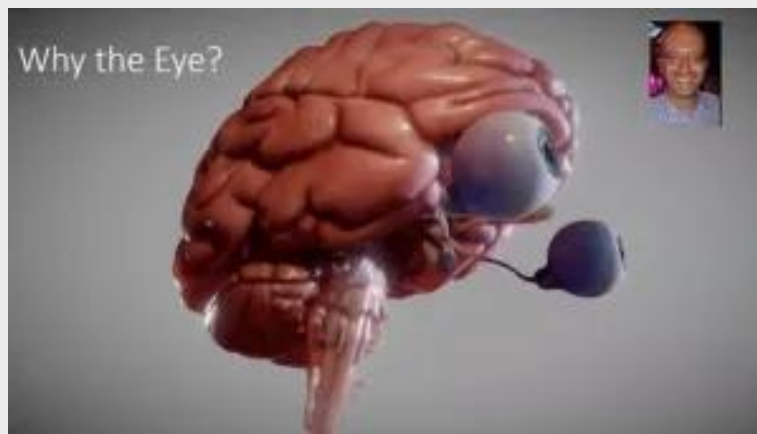
Edinburgh Parkinson's Lecture 2025

- Dr Agnete Kirkeby, Associate Professor at the Novo Nordisk Foundation Centre for Stem Cell Medicine, University of Copenhagen
- Stem cell therapies for Parkinson's Disease – where are we now?
- Early results from trials are very encouraging and US researchers have been given approval to move straight from their Phase I trial to Phase III - the last hurdle before the procedure is licensed for use in patients
- The entire senior management team from Parkinson's UK in London were in the live audience of ~170 and over 500 watched online



ERIG online talk: Using Eye Scans to Uncover Early Indicators of Parkinson's

- Dr Tom MacGillivray, a Principal Investigator at the University of Edinburgh Centre for Clinical Brain Sciences
- Tom described how AI analysis of regular eye scans, carried out whenever you go to the opticians, can detect changes in the nerve cells in the retina at the back of the eye many years before conventional symptoms of PD become apparent



Frame Running Trial

- Branch Members are helping University of Edinburgh Researchers investigate possible benefits of Frame Running for People with Parkinson's
- Volunteers were first tested at the university lab to quantify the severity of their Parkinson's symptoms
- The hardy souls are now part way through an 8-week series of Frame Running sessions at Meadowmill Sports Centre
- They will be tested again to see if there has been any improvement in their symptoms





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James Jopling

Update from Parkinson's UK

Thanks

Close