

# ECPA

Good, For The Community

**Edinburgh  
Community  
Performing Arts**

**JOIN US!**



## **RE-CONNECT DANCE PROJECT**

**This is a free gentle movement class for older people aged 65+ years on Mondays and Thursdays from 10.30am - 12.15pm. This supportive community class is designed for people who may have Dementia, Parkinson's or restricted movement.**

**The activities will be led by a professional dance artist, supported by volunteers and movements can be done seated, standing or a combination of both!**

**Held at: DN Studios, 9b South Gyle Crescent, Edinburgh EH12 9EB.**



[www.edinburghcommunityperformingarts.co.uk](http://www.edinburghcommunityperformingarts.co.uk)



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