



## September 2024 News Bulletin

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### September Get-Together

We look forward to seeing you on Wednesday 11<sup>th</sup> September at 2pm. A reminder of our new venue: LifeCare Centre, 2 Cheyne Street, EH4 1JB (Stockbridge). We are very pleased to have Gillian Robinson a Lead Physiotherapist from Compass join us. [Compass](#) is a registered charity providing a range of beneficial therapeutic services including physiotherapy, rehabilitation and oxygen therapy.

### Edinburgh Parkinsons' Lecture 2024: Tuesday 17<sup>th</sup> September

We have had a great response to the lecture. In fact, almost all tickets to attend the lecture in person have gone. We often start a wait list, so if you have a ticket for the lecture but your circumstances change, it would be appreciated if you let David Melton know ([Davidm@edinburghparkinsons.org](mailto:Davidm@edinburghparkinsons.org)), so that if necessary, he can release the seat for someone else. Many prefer to watch from the comfort of their home, and there are unlimited places for the live stream. Visit our [website](#) for more details.

### Scotland Younger Parkinson's Information Event

This is a free event for people with Parkinson's of working age and their loved ones to share info, access support, meet new people and try new activities. You can find more details on [Eventbrite](#).

It takes place on Saturday 5 October 2024 at 11am at the Apex City Quay Hotel, 1 West Victoria Dock Rd, Dundee. For event details contact Chloe on 0300 123 3679 or at [scotland@parkinsons.org.uk](mailto:scotland@parkinsons.org.uk).

### Walking Football for Players with Parkinson's

The new Walking Football for Parkinson's starts on 11th of September. Session run from 11am–1pm (part playing and then a cuppa and chat). The weekly sessions will take place at World of Football, 10 New Market Rd, Edinburgh EH14 1RJ. To register interest please contact Niamh Westwood: [niamhw@hibernianfc.org](mailto:niamhw@hibernianfc.org) or phone 07450718702

### Volunteers Needed: Can Collection

We are now really struggling and desperately need help with the next 'Can Shoogle' at Craighleith. We need people on Friday 13th and Saturday 14th September. We are allowed to collect from 10am until 4pm. If you can spare an hour or two, it would make a huge difference. The Branch receives no funding, all of our Branch activities (most are subsidised) and support groups rely on donations and fundraising. If you can help, please contact Diane: [diane@edinburghparkinsons.org](mailto:diane@edinburghparkinsons.org)

### Neurological Alliance: MyNeuro Survey

If you have Parkinson's or care for someone who does, you can help improve services by completing [My Neuro Survey](#). The survey is conducted every 2 years by the [Neurological Alliance](#).

### Parkinson's Nurse Service

The Parkinson's Nurses continue to work at reduced capacity. This may mean telephone clinics might be closed on different days to allow the Nurses to prioritise for the face-to-face clinics. As a last resort, they may be forced to close some clinics – but will do everything they can to mitigate against staffing pressures. A reminder that the time to phone to request an appointment changed in July to Monday to Friday between 8.30am – 10.30am.