



May 2024 News Bulletin

Next Branch Get-Together

Wednesday 8th May - Liberton Church Halls (Note: Venue Change)

Our very own Alison Williams was invited by Tilo Kunath, to present to a conference in Naples last year. The objective was for Alison to give the patient's perspective to the conference and people researching Parkinson's. It was thought that this would be a good topic for this Get-Together.

In her own words, *"I discovered that in thinking about what the patient's – what my – perspective was, I discovered ideas about it that were completely new to me – that I hadn't thought about before. I want to share it with you now, sharing what I have found – am finding – useful and, more than useful, essential in how I think and feel about my Parkinson's"*.

Summer Lunch 2024

This takes place on Wednesday 12th June at the Leonardo Hotel in Clermiston Road, 12.30 for meal at 1pm. Cost is £16 per person, which covers two courses, and tea/coffee. You can book tickets via Shop on the website. The menu is on the website (there is a dedicated page accessed via Activities and Events menu). Please let Olivia know your menu options by 5th June at the latest.

Parkinson's Nurse Specialists: New Appointment System

Branch Chair Stephen Brannan had a meeting with the Nurses in April and was made aware of a new 'system' for appointments, the NHS is introducing. The rationale is that when appointments are set 6/12 months in advance, there is increased potential to forget and miss the appointment. Hence, the introduction of a system where appointments are arranged no more than 6-weeks in advance.

To implement this, the Health Board is writing to patients CANCELLING their next appointments. However, at the bottom of the letter is a comment saying that the appointment *will be reinstated* 6 weeks in advance. We are aware that some Branch members have received such letters, which caused some consternation. We wonder if people perhaps had not read to the very bottom? If you receive such a communication, please do review the whole letter.

Walking Football: Taster Session

Fife Branch of Parkinson's UK are introducing Walking Football and have extended an invitation to Edinburgh Branch members to go along and try out Walking Football. The session is on Friday 3rd of May at 1.30pm at Pitreavie Sports and Soccer Centre, Queensferry Road, Dunfermline.

The session will last an hour and there will have tea and coffee afterwards. If you would like to go along, please let Drew Wilson know: Phone: 07821 823337. Email: acwilson56@gmail.com

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