



September News Bulletin

Please also check [News Section](#) on the website.

Any news items you want to share, please email: communications@edinburghparkinsons.org

Branch Get-Togethers Are Back!

After what seems an eternity, we are delighted to be starting the 2023/24 session, with the return of the monthly Get-Together. Take note of the new venue of St Andrew's & St George's West on George Street. On Wednesday 13th September we have Parkinson's Adviser Shona Lawson as our 'headline act'. We will also be joined by Caroline Russell (CEO Parkinson's UK) and James Jopling (Scotland Director, Parkinsons' UK), both strong supporters of our Branch.

Online Information Session: Getting the Most from Consultant Appt.

Parkinson's UK Scotland is hosting an online information session on Wednesday 6th September from 7-8.30pm. This session is for people with Parkinson's and family members living in Scotland. Dr Ben Adler, Consultant at NHS Lanarkshire, will advise on how best to prepare for your appointment. He will also be available for questions about his role and the consultation experience but *will not* be able to answer any questions about people's individual circumstances. At our Carer group on 30th August, we heard great things about this session from an attendee last year. We have a website news item about this, with [details of how to register](#) and two files from last year.

New Café for those with Neurological Conditions

The Heads-Up Hub and Café starts on Tuesday 5th September and thereafter will run every week from 10am-2pm. It will be a place where people can come together to connect, learn, and support each other; if you or someone you care for is living with: MS, Stroke, Brain Injury, MND, Huntington's Disease and of course Parkinson's. Venue is [The Edinburgh Community Rehabilitation and Support Service](#), 62 Longstone Street, EH14 2DA (Free parking available on site).

Edinburgh Parkinson's Lecture 2023

You should have received more than one communication about the lecture taking place on Wednesday 20th September. But we do understand some people don't like to book too far in advance, due to the 'good days and bad' that affects PwPs. You can book up until 6.30pm on 19th of September to attend in person, or stream online. Proceedings start around 7pm with the lecture due to start at 7.15pm. See the website for registration details: [Edinburgh Parkinson's Lecture](#).

Volunteer Opportunity

We always welcome volunteers, and in particular we would love someone to take on the Fundraising organiser role. Louise Ogilvy is still having to help us, despite standing down several months ago.

We think coordination of a couple of events a year, as well as any can collections would be all we would ask. We miss the coffee morning - we know there are plenty of volunteers to man stalls. We just need someone to coordinate and organise. Could that be you? If so please email Branch Chair Stephen Brannan: chair@edinburghparkinsons.org

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