

# **August News Bulletin**

We have changed to shorter monthly news bulletin, with the traditional larger one being produced at Christmas, Easter and Summer (around June). Please also check News Section on the website.

#### **Can Shoogle: Craigleith Retail Park**

Our next can collection takes place on Friday 18th and Saturday 19th August at Craigleith Retail Park. We need volunteers to help at the following times: 10am–Noon; Noon–2pm; 2pm–4pm. If you could help out, please contact Louise Ogilvy: <a href="mailto:lo4parkinsonsfundraising@gmail.com">lo4parkinsonsfundraising@gmail.com</a>

### **Edinburgh Young Parkinson's Support Group**

The next meeting takes place on Thursday 3<sup>rd</sup> August at the usual venue of The Steading, Biggar Road. Meeting starts at 6.30pm, but some of the group meet earlier to have a bite to eat. If you want more info, see the website page for <u>EYPSG</u>, or contact Scott Wilson: <u>scottwils180@gmail.com</u>

### **Edinburgh Parkinson's Lecture 2023**

This year's lecture will take place on the evening of Wednesday 20th September before a live audience at the Royal College of Physicians of Edinburgh. The Lecture will also be streamed live to our online audience. The 2023 Edinburgh Parkinson's Lecturer is Professor Camille Carroll. The title of the lecture is: Learning to Listen – a patient-centred approach to Parkinson's care and research. See the website for registration details: <u>Edinburgh Parkinson's Lecture</u>.

# **Volunteer Roles: Applications Needed**

We still need a Fundraiser. The role does not have to be too taxing; it can be more of a coordination role and for planned events, Branch Members are generally happy to pitch in. Many thanks to Louise Ogilvy our outgoing Fundraiser for continuing to help, despite resigning several months ago!

We now need a Treasurer as Weir Brown has asked for a successor to be found. Weir has done an amazing job and has things running really well, so again we hope the role will not be too onerous.

For either role, please in the first instance contact Branch Chair Stephen Brannan: <a href="mailto:chair@edinburghparkinsons.org">chair@edinburghparkinsons.org</a>.

# **Research Opportunity: PwPs and Anxiety**

Researchers at University College London are investigating whether the ability to stay in contact with the present moment and not act on unpleasant thoughts, feelings, and bodily sensations, is associated with mental wellbeing and quality of life. Researcher Emily Todd needs 50 people with Parkinson's, with a tight deadline of early August. Please see website news item for details.