



Therapy Support Community

Providing direction on your neurological journey

Compass Neuro Centre is based in Leith, Edinburgh, and is a hub for therapy and advice- supporting the wellbeing of people living with neurological conditions.



We are a registered charity providing subsidised, hands-on therapies and rehabilitation services.

Our therapies and treatments are person-centred based on an individual's needs and focused on helping people in managing their condition, symptoms and in sustaining independence. Peer support and a sense of community are also important aspects of our work.

Our Services include:

- One to one physiotherapy
- Specially adapted exercise classes (both face to face and on Zoom),
- Oxygen Therapy
- Wellbeing support
- Complementary therapies, such as reflexology, massage, MFR, KCR, Acupuncture and Nail/Foot Care
- Rehabilitation technology: Anti-Gravity (AlterG) treadmill, Mollii Suit and GMove Suit.

All have a profound positive and beneficial impact on wellbeing.

We know regular, hands-on, physical therapy and rehabilitation are key to keeping your body mobile and managing the symptoms of your neurological condition.

Visit our website for more information on our therapies and services.

www.wearecompass.org.uk

You can register via our Home Page: [Register for Our Services](#).

Pop in for a chat or give us a call on 0131 554 5384.

Compass. Therapy. Support. Community, trading name of MS Therapy Centre Lothian,
40c Swanfield, Edinburgh EH6 5RX.
Scottish Registered Charity SC014991