EDINBURGH BRANCH PARKINSON'S UK DECEMBER 2020

PARKINSON'S UK CHANGE ATTITUDES. FIND A CURE. JOIN US.

January Branch Blether

Our next Branch Blether will take place on Wednesday 13th January 2021 at 2pm.

We will be joined by Jen Cunningham, Dance Artist for the Dance for Parkinson's Scotland programme based at Dance Base in Edinburgh. We are delighted that Jen is going to speak at our first session of 2021. Please put the date in your diary. It will be a Zoom meeting. To join us, the Meeting ID is: 962 9760 8504. The Passcode is: 389946

Volunteer Awards: Branch Winners

We were thrilled in December to find that three of our long-term volunteers were recognised at the Parkinson's UK Awards. Helen Harris (Activities Coordinator and previous Newsletter Editor), Cathie Quinn (Singing 4 Fun, Carer Support Group and Side by Side Course) and Patrick Mark (Vice-Chair) are all worthy recipients of recognition.

Volunteers Needed

We really would welcome new volunteers for 2021. It looks as though the Covid-19 restrictions will continue to impact on our ability to return to face-to-face activities, and so some help with online activities would be ideal. Could you run a quiz, hold a craft class, or simply host a theme-based coffee and chat? It need only be once, and it doesn't have to last more than one hour. We provide the Zoom platform and



someone to schedule and publicise. If you can help, please contact David Adams.

Branch Succession Planning

Our Chairman David has served the Branch well for several years. As he approaches a significant birthday in 2022, he feels it is time to hand over the reins. Do you know anyone who might be interested? Tel David on 0131 557 5979 or email: chair@edinburghparkinsons.org.

Fundraising

The Lockdown Cookbook to raise funds for the Branch has been a huge success. Thanks very much to Lou Ogilvy for coming up with such a super idea. And thanks to Olivia (Branch Secretary) who was a big support in finalising the books.



Burns Supper

Lindsay McDermid is organising a Burns Supper for 25th January. The online events being held on Zoom are working well, so please do consider signing up for the event. We will be putting up details on the website soon. With Lindsay in charge it is sure to be a great evening of song music and laughter. Lindsay is looking for contributors, so if you are interested, please contact him at: lindsay@edinburghparkinsons.org