

Parkinson's UK Edinburgh Branch

Annual General Meeting 2016

Wednesday March 9th at 2.15pm

Bellevue Chapel, Edinburgh

AGENDA

- 1) Apologies for absence
- 2) Minutes of the meeting held on the 11th March 2015
- 3) Treasurer's Report and Accounts for the year ending 31/12/15
- 4) Report of the Branch Committee by the Chairman and Activity Leaders
- 5) Appointment of Hon Auditor, Hazel Cavens
- 6) Election of Office Bearers and members of the Committee

Hon. Treasurer – *Kenneth Williamson*

Hon. Secretary – *Pat Stewart*

Hon Asst Treasurer – *Frances Panton*

Committee members *Cathie Quinn, Heather Robertson, Eileen Blackwood,
Annette McLeod, Louise Ogilvy, Bill Wright,*

- 7) Election of Hon Chairman – *David Adams*
- 8) Election of Vice-Chairman – *Patrick Mark*
- 9) Any other competent business – *Gina Allen & Katherine Crawford*

Income & Expenditure 2015

Edinburgh Branch Parkinson's UK Income and Expenditure for year ending 31st December, 2015

2014	Income	2015
£		£
1,088	Donations - Branch National Office	1,054
85	Gift Aid Reclaimed	1,293
0	Grants	-
0	Legacies received directly	-
0	Legacies received via Head Office	-
4,989	Donations - General	19,050
4,677	Fund raising Income	3,562
1,126	Donations - Branch in Memoriam	5,809
382	Dancing	548
6,858	Singing4Fun	7,328
1,070	The Thistle Foundation Maintenance project	846
2,260	Activities Group	26
662	Events	2,650
915	Outings	680
1,140	Lunches	800
47	Bank/Building Society Interest	46
263	Sundries	1,150
511	Trading	531
961	Miscellaneous (13)	18
27,634	TOTAL INCOME	45,390
	Expenditure	
0	Transfers to other Parkinson's UK Groups eg YPN	749
700	PDS London for research	1,260
738	Events eg Coffee Morning	363
767	Advertising	-
3,168	Room Hire	2,280
10,745	Singing 4 Fun	10,744
5,595	Dancing for People with Parkinsons	3,656
2,426	Activities group	3,317
1,600	The Thistle Foundation - maintenance project	1,500
6	Drop-in - Centre	-
2,452	Event Costs eg seminars	1,913
80	Outings	175
2,674	Lunches	2,200
0	Course expenses - Carers	50
0	Research Group Expenses	-
4,025	Respite care project	-
435	AA Hydrotherapy	-
0	Transport support	196
1,299	Postage/telephone	1,109
552	Printing/stationery/photocopying	924
3,016	Mailing company costs	682
853	Computer costs	784
144	Travel Expenses	148
1,757	Sundries	1,258
120	Subscription	-
392	Items for resale	485
800	Petty Cash	950
44,343	TOTAL EXPENDITURE	34,743
-16,709	SURPLUS/DEFICIT	10,647
103,409	Balance b/f as at 31/12/14	86,750
-16,709	Surplus/Deficit for year to 31/12/15	10,647
86,750	<i>Balance as at 31/12/15 being:</i>	97,397
£ 87,809	RBS, Treasurers Account	£ 97,802
£ 85	Nationwide Building Society	£ -
86,750	£ 1,244 Uncashed Cheques	-£ 505 97,397

Fundraising 2015

Donations

General Donations	£21,397
In Memoriam	£ 5,809

Lecture Collection	£1,000
Coffee Morning	£ 1,052
Ceilidh	£ 1,300
Quiz Night	£ 380
Pram Race	£ 361

Group Donations

Newbattle Golf Club
Maitland Bowling Club
Old Young Wives Abercorn
Bonnyrigg Senior Citizens
Corona World wide
Brewdog
Quotient Bio Research

Individual Donations 2015

Mr& Mrs W Scott

Mr & Mrs B Watson

Mr Allan

H Ward

M Dennison

B Raeburn

C Peacock

M Cairns

C Graham

A Chalmers

B M Simpson

Mr Kilday

A Parker

L White

G Mathison

J Young

R & W Jeffrey

H Hollanek

L Forysth

T Hood

J Baxter

Gordon Reynolds

Report of Branch Committee 2015

Activities

- Carers & Side by side
- Singing4Fun
- Dancing for Parkinson's
- Bowling, Swimming, Gentle Exercise
- Art Group
- Thistle Lifestyle Group
- Quality of Life Group
- Living Alone Group
- Quiz, Ceilidh
- Christmas & Summer Lunches

Events & Projects

- Coffee Morning
- Research Interest Group
- Engagement with Neuro Alliance, NHS Lothian & LPSAG

Edinburgh Branch Research Interest Group

review of 2015-2016

Ken Bowler, Group Chair

Another successful year....

- **May 2015** Public lecture by Professor Patrik Brundin
- **Oct 2015** WPC Scientific Update Workshop
- **Nov 2015** Talk by Maria Doitsidu on “Use of *C. elegans* in the study of dopaminergic cells”
- **Feb 2016** Talk by Ratko Radakovic on “Apathy”
-and still to come.....
- **May 2016** Parkinson’s: Let’s Get Moving
- **Oct 2016** Public lecture by Professor Bastiaan Bloem

The Edinburgh Parkinson's Lecture 2015

Professor Patrik Brundin delivered a lecture entitled:

*The battle to beat
Parkinson's disease: the end
of the beginning*



The Edinburgh Parkinson's Lecture 2016



Professor Bastiaan Bloem

11th October 2016

Chancellor's Lecture Theatre

Edinburgh Royal Infirmary

7.15 pm

Acknowledgements

I am immensely grateful to:

Patrick Mark, Chairman, Edinburgh Branch

Dr Tilo Kunath, CRM

Sheila Edward

Katherine Crawford, Anna Louise Smith, Claire Bale, Parkinson's UK

Members of the Edinburgh Branch: Liz & Bill McBain, Pat Stewart, Cathie Quinn, Heather Robertson, Helen Harris and many others

**Carers
&
Side by
Side
Course**



Dancing for PwP



***Putting together a little
"Singing in the Rain" routine***

Singing4Fun



Art Group



Art Group Exhibition

Bon Papillon Gallery

15 Howe Street

Wednesday to Sunday until 3 April

9.00am to 5.00pm

Thistle Lifestyle Group



Bowling, Swimming, Gentle Exercise



QUALITY OF LIFE for People with Parkinson's



Newsletter

Editor:
Helen Harris

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

PARKINSON'S UK EDINBURGH BRANCH NEWSLETTER FEBRUARY 2015

2015 Annual Parkinson's Lecture – Wednesday, 22nd April. Please see separate flyer with this mailing. We will be videoing the event for those who can't make it.

Speech & Language Development in PD – At the January Branch Meeting, **Isobel McCoy**, Community Speech & Language Therapist, Edinburgh, gave a much appreciated presentation. Her talk slides, including suggestions for self-help, are on the Branch website under *Recent Meetings*. Included are the names of mobile phone apps that may prove useful. Also check out *Speech Tool*, free from the Apple app store (under Health & Fitness, S – page 16) and developed as the result of a Parkinson's UK research project.

Annual Coffee Morning – We hope you have **Saturday, 18th April** in your diary for this highly sociable event, which this year is being held in the hall of Marchmont St. Giles, Kilgraston Rd, EH9 2DW. Stalls include home baking, books, flower arrangements, bottle tombola, original artwork and crafts. There will be performances from Singing4Fun and Dance for PwP's. Entry £1.50, payable at the door, includes tea/coffee and scone (or two).

Scotland Participation Events – Being held throughout Scotland, these events aim to provide Parkinson's UK volunteers with the opportunity to help shape developments and changes in the way we support people affected by PD at the local level. The Edinburgh date is **Thursday 5th March**, 11 for 11.30 a.m. to 3pm, Bellevue Chapel, Rodney Street, EH7 4EL. Please contact **Leah Cranney** on 0844 225 3724 **ASAP** to register attendance. Further information can also be found on the Branch website under *News*.

Branch Meetings & AGM – The AGM will be held on **Wednesday, 11th March**, 2-4pm, Bellevue Chapel, Rodney Street, EH7 4EL. Afterwards, **Norman Yarrow** will tell us about *Norman's Conquest*, his planned fund-raising walk of the Southern Upland Way (215 miles). Norman, diagnosed with PD in 2013 aged 53, aims to raise £100,000 for research. He begins in Stranraer on the 22 April (Parkinson's Awareness Week), hoping to reach Cockburnspath two weeks later. He'll be accompanied along the way by wife, Carol, Gavin Hastings and many other supporters. Monitor his progress via Facebook and donate via uk.virginmoneygiving.com.



The April Branch Meeting will be on **Wednesday, 8th April**, same time, same place when Dr Conor Maguire will inform us about "Current Parkinson's Developments."

Young Parkinson's Group Burns Supper – Once again this event was a sell-out at the Steading. **Keara Murphy**, comedian, writer and bon vivant gave a highly entertaining Immortal Memory (check her website kearamurphy.com). Major contributions to the evening's procedures were also given by folk singer Torcull Kennedy, Pipe Major Iain Roddrick, Jilly Mathews, Fergus McDermid, Linda Forrest, Marget Forrest and George Cullin, with Joel Mason giving a very worthy Toast to the Lassies, well matched by Eileen Blackwood's reply.



Report of Branch Committee 2015

Activities

- Carers & Side by side
- Singing4Fun
- Dancing for Parkinson's
- Bowling, Swimming, Gentle Exercise
- Art Group
- Thistle Lifestyle Group
- Quality of Life Group
- Living Alone Group
- Quiz, Ceilidh
- Christmas & Summer Lunches

Events & Projects

- Coffee Morning
- Research Interest Group
- Engagement with Neuro Alliance, NHS Lothian & LPSAG

Liz Retires



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Thanks to Helpers

Committee Members

Hon Treasurer

Hon Sec

Activity Organizers

And all the many others

David Adams



Appreciation

Patrick

Committee

Activity Organizers

Members

Parkinson's UK

Continuing & New in 2016

Activities

- Carers & Side by side
- Singing4Fun
- Dancing for Parkinson's – from 13th April
- Bowling, Swimming, Gentle Exercise
- Art Group
- Thistle Lifestyle Group
- Quality of Life & Living Alone Group
- Ceilidh 21st May, Quiz
- Christmas & Summer Lunches
- Pilates for Parkinson's, Pilot

Events & Projects

- Coffee Morning - 9th April
- Parkinson's: Let's Get Moving – 7th May
- Research Interest Group
 - Edinburgh Lecture, 11th October 2016
- Engagement with Neuro Alliance, NHS Lothian & LPSAG

Parkinson's UK

Gina Allen

Volunteer Coordinator,

East Central and South East Scotland

Katherine Crawford

Scotland Director