

Parkinson's UK Edinburgh Branch

Annual General Meeting 2012

Wednesday March 14th at 2.30pm

St James Thistle Hotel, Edinburgh

AGENDA

- 1). Apologies for absence.
- 2). Minutes of the meeting held on the 9th March 2011
- 3). Treasurer's Report and Accounts for the year ending 31/12/11
- 4). Appointment of Auditor, Hazel Cavens
- 5). Election of Hon Chairman - *Patrick Mark*
- 6). Election of Office Bearers and members of the Committee.
Hon. Treasurer - *John Stevens*
Hon. Secretary - *Pat Stewart*
Committee members *Liz McBain, Cathie Quinn, Heather Robertson ,
Joel Houck, Marian McIntyre, Eileen Blackwood*
- 7). Report of the Branch Committee by the Chairman and Activity Leaders.
- 9). Any other competent business.

Accounts 2011

Donations 2011

Kirkliston Parish Church £393

Inveralmond Ladies £100

Henry's Bar Gig £1,165

Mrs Biasis £150

Mrs Blaikie £273

Pat Cox £110,

Julia Davis £537

Mr & Mrs Johnston £560

Mr & Mrs Murray £235

Mr & Mrs Orr £150

Mrs Paul £153

Alex Ross £250

Mrs Smith £250

David Smith £100

Alan Turner £167

Mr Young £166

Capscan

(calendar sponsors)

Report of Branch Committee 2011

Financial Review

Legacy funds of £150,000 released
for 2011 -13 activities

£110,000 from legacy funds made available
to Dr Tilo Kunath's project at CRM

Report of Branch Committee 2011

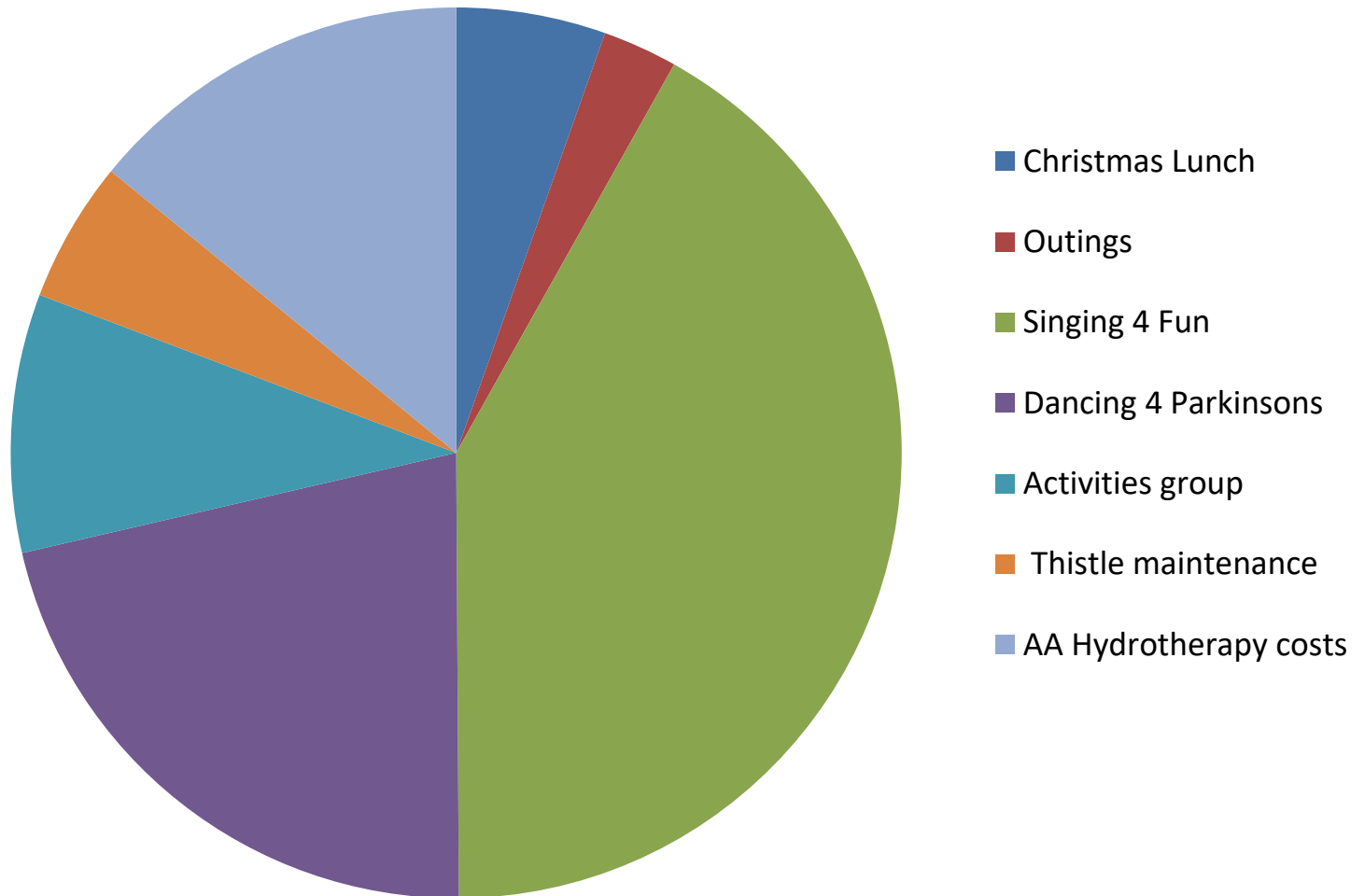
Activities

- Respite
- Carers & Side by side
- Hydrotherapy
- Singing groups
- DanceBase class
- Bowling, Swimming, Exercise

Edinburgh Income & Expenditure

	2010	2011	2012 budget
Total Income	17,753	16,506	11,384
Admin, Room hire etc	15,957	11,154	11,916
Respite care project	3,706	11,525	12,000
Activities	12,616	27,702	18,435
Total Expenditure	32,279	50,381	42,351
DEFICIT	-14,526	-33,875	-30,967

Activity costs 2012



2014 Onwards- Options

- Increase Income from donations
- Increase charges to activity participants
- Reduce activity costs
- Terminate Respite scheme
- Set up Fundraising Group

Respite Project

Budget of £10,000 pa

Offer approx 33 hrs of care to Parkinson's families
in Lothian with Respite needs

No charge – contributions welcome

Access via ISWs.

Hydrotherapy Course

Astley Ainslie

2012 Sessions

- April 16th 2012 for 6 weeks. Assessment for the course will take place in March/April.
- A further course is planned for the Autumn, starting on 3rd October 2012.
- Contact Kate Mark

Report of Branch Committee 2011

Research Interest Group

Chairman

Ken Bowler

Research Interest Group

The objectives of the Group are:

- To provide opportunities for members with an interest in Parkinson's research to meet, communicate, work together and generally further the cause of research.
- To encourage and develop all members' interest in research.

What We Have Done

- **July 2011** Inaugural meeting at King's Buildings: objectives set
- **Sep 2011** Development of action plan
- **Dec 2011** Meeting at CRM on Nutrition
- **Feb 2012** Medication Workshop

Special thanks to Dr Tilo Kunath and Sheila Edward

Medication Workshop

A selection of comments from participants:

Well done, the Edinburgh Branch.

An interesting and well-organised meeting. Well done, Marian, Leo and Liz.

Grateful to organisers for putting on informative event; first time I have attended such an event, met some nice people.

An excellent event.

Well supported event, shows that there is support for further meetings.

Future Events

Saturday 24 March 2012:

Talk to ERIG by Dr Anton Gartner, University of Dundee, at SCRM, 10:30-12:30. Contact Ken Bowler.

Exploiting and Exploring simple non-vertebrate animal models for Parkinson's research, what do we learn?

The Edinburgh Parkinson's Lecture

Tuesday 8 May 2012

Professor Roger Barker, Cambridge University, will deliver a lecture entitled:

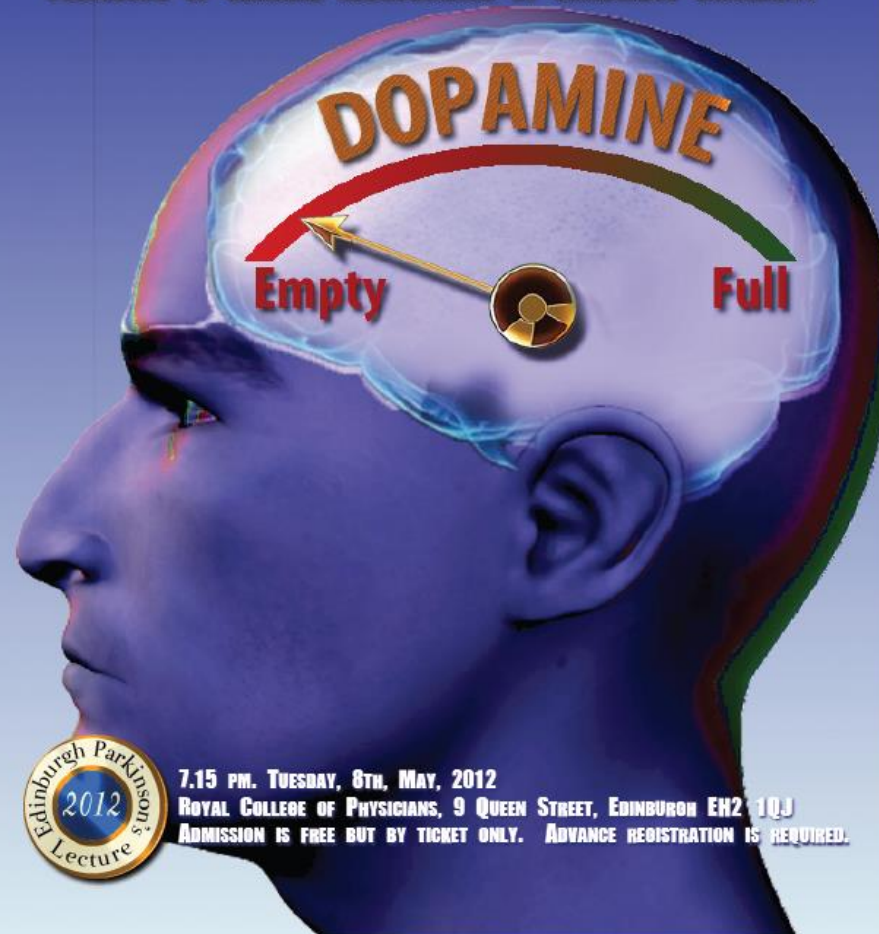
How close are we to solving the problem of what goes wrong in Parkinson's ?

Venue: Royal College of Physicians, Queen Street, Edinburgh, admission by ticket only

For more information, go to <http://www.edinburghparkinsons.org/> and follow the Research Interest Group link

SOLVING WHAT GOES WRONG IN PARKINSON'S

A LECTURE BY PROFESSOR ROGER BARKER PHD, MRCP
PROFESSOR OF CLINICAL NEUROSCIENCE AT CAMBRIDGE UNIVERSITY



7.15 PM. TUESDAY, 8TH, MAY, 2012

ROYAL COLLEGE OF PHYSICIANS, 9 QUEEN STREET, EDINBURGH EH2 1QJ

ADMISSION IS FREE BUT BY TICKET ONLY. ADVANCE REGISTRATION IS REQUIRED.

Parkinson's Awareness Week

SCRM Open Day

Thursday 19 April, 2-4 pm

Outline Programme:

- **Katherine Crawford** – welcome etc
- **Kieran Breen** – Parkinson's UK research and why such buildings are so important in taking things from the bench to clinic
- **Tilo Kunath** – a bit about his work and how SCRM can help take things a step further
- **Richard Davenport** - a local neurologist
- **Emily Hughes** - getting involved in research
- **Ken Bowler** - the Edinburgh Research Interest Group

OTHER ACTIVITIES

- Indoor Bowling
- Gentle Exercise
- Swimming
- Art Class
- Ceilidh
- Quiz
- Singing
- Side by Side support
- DanceBase Class
- Coffee Morning
- Christmas Lunch
- Garden Visits
- Walks
- Thistle Lifestyle Maintenance
- Branch Summer Outing

Self management & Therapy Weekend

- Peebles Hydro
- September 28th to 30th 2012

Thanks to Helpers

Committee Members

Hon Treasurer

Hon Sec

Activity Organizers

And all the many others

But - Volunteers with skills are needed

- Organisational
- Administrative
- Communication
- Fund raising

Parkinsons Disease Society

Income and Expenditure for year ending December 2011

<u>Income</u>	2011	2010
Christmas Lunch (re-arranged + 2011)	1230.00	504.00
Sundries	1890.14	188.93
Donation towards YP with PD	0.00	676.00
Donations	1882.00	4160.61
Donations - Branch in Memoriam	2934.34	4784.34
Donations - Branch National Office	2813.29	306.65
Singing For Fun	2877.85	N/A
Legacies	500.00	N/A
Coffee Morning	1378.10	1324.25
The Thistle Foundation Maintenance/lifestyle project	1000.00	1020.00
Activities Group	0.00	0.00

Priorities for Parkinson's Services in Lothian

1. Access to Parkinson's services should be clear, structured and easily available to all.
2. The Parkinson's Specialist Nurse team should be supported and developed to achieve universal access.
3. Services should be provided by multi - disciplinary teams structured to focus on patient needs.

Team members including Physiotherapy, Speech and Language and Occupational Therapy professionals should all have specialist Parkinson's training and experience.