

Parkinson's disease Society

Edinburgh Branch

AGM 2010

Report of Branch Committee 2009

Prof John Gillingham

Neurosurgeon

Died 3 Jan 2010

Founder of Edinburgh branch of
PDS

Memorial service next Monday at
Cramond Kirk

Membership

Membership of the Branch 220 – 250.

More than half attend one or more
Branch activity

Probably more than 2,000 people with
Parkinson's in the Lothian area

Need to encourage new members

STRATEGY for the BRANCH: 2010

- Better and more integrated service structure for Parkinson's.
- Raise the profile of PD in Lothian Health
- 'Non Motor' issues - Sleep
- Ensure that the branch's activities are relevant and helpful to all
- Develop relationships with the Haddington Support Group, West Lothian Branch, Edinburgh YPN and Spring

Two New PDNS in post

Alison & Tina+ Full time secretary



PDNS

First two years funded by Branch
£168,000

More clinics and out reach.

Good relations and involvement
in the review panel

ISW – Information Support Workers

- CSWs become ISWs two years ago
- Nominal staffing of two part time posts of 22 hrs
- Funded by Branch at £32,000 pa.

Service Development

- RVH and DCN relocation
Cathie Quinn
- Communications group
Pat Cox & Margaret Seager
- North Edinburgh PPF
Pat Cox
- Midlothian PPF
Julia Davis

Service development 2

Speaking up for Parkinson's
Course

Branch Policy Review meeting
April 14th

Newsletter

In abeyance but we hope that
Lucy will be able to work on it
for us

Respite Project

- Budget of £10,000.
- Offer aprox 33 hrs of care to PD members in Lothian
- No charge – contributions welcome. Trial for 1 year or until money runs out
- Access via ISWs.
- No test – people who feel they need help

To date - Five applicants, £1,000

Carers Course

Cathie Quinn

Great success repeat planned
for April.

Also support group

Hydrotherapy Group

at Astley Ainslie

Fourth session in April

Drop in Centre groups

- **RVH** Cathie Quinn.
- **Drummond Grange** Julia Davis

DANCE CLASS

Dancebase

with Mo Morgan.

10 week trial of Mark Morris

POSSIBLE FUTURE PROJECTS

- Lifestyle Course at Thistle
- Singing
- Voice development Lee Silverman

Meetings at St Cuthbert's

Consider different venue?

OTHER ACTIVITIES

Indoor Bowling

Gentle Exercise

Swimming

Art Class

Ceilidh

Quiz

Coffee Morning

Christmas Lunch

Garden Visits

Esk Valley Lunches

Thistle Lifestyle

Maintenance

Branch Outing

Alexander Technique

FUTURE

Volunteers are needed
people with

Organisational skills

Administrative skills

Communication skills

Thanks to helpers

Committee Members

Hon Treasurer

Hon Sec

Activity Organizers

And all the many others

