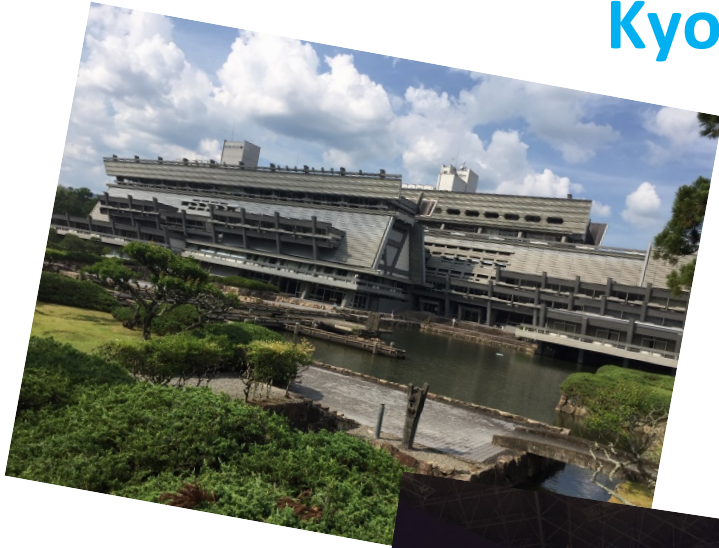


# Edinburgh Branch at 5<sup>th</sup> World Parkinson Congress Kyoto 4-7 June 2019



**Alison Williams**

**David Adams**

**David Melton**

**Hagop Bessos**

**Julia Melton**

***Tilo Kunath***





# Topics today



- Introduction: *DavidA*
- An overview, including non-motor symptoms: *Hagop*
  - What can be done about apathy? *Alison*

- Where does PD start? *DavidM*

## *Stretch break*

- Diet: *DavidA*
- Living well with Parkinson's – What's your secret? *Julia*

## *Lunch*

- Stemcell Research Update: *Tilo*
- Play, Dance & Music in Parkinson's: *Alison*
- Panel Q&A and discussion

3.30 Finish



WPC



- 3,500 delegates: Clinicians, Health Professionals, Service Providers, PwPs, Volunteers, Carers, Foundations, Corporates, Manufacturers, etc. etc.
- 60 nations, strong Asian presence
- Four days, Main and Parallel Sessions (200+)
- Poster blizzard
- 2000 authors
- *Starship* of the '60s?





*Edinburgh  
Branch Song  
opened the  
Congress!*



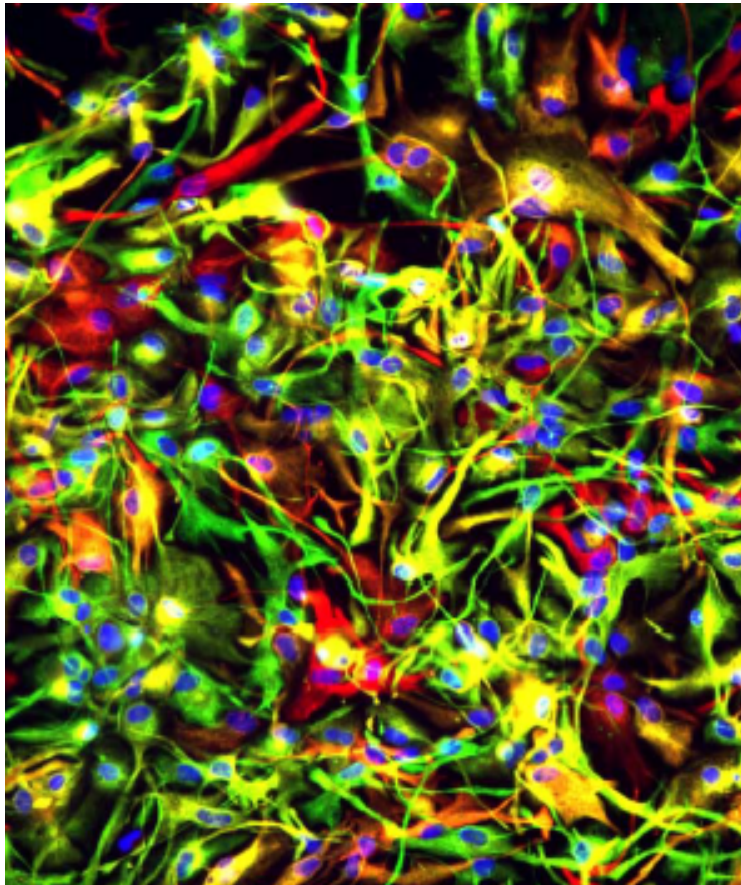
*50+ in the Choir*



## Headlines..

- Variety & complexity of Parkinson's
- Breadth, depth & wisdom of effort
- Interaction & involvement of PwPs with specialists
- More multidisciplinary working
- More attention to contexts, carers & communities
- *Spirit* of commitment, care & hope

## Striking stories of challenge and overcoming, - scientific and personal





# What are we dealing with?

- Motor Symptoms:  
e.g. tremor, rigidity, posture, balance
- Non-motor Symptoms:  
Physical: *bladder, bowel, sleep, smell, pain, clinical fatigue, sudden onset sleep, etc.*  
Mental: *apathy, depression, anxiety*
- *Non-motor can affect PwP and families more than motor symptoms*