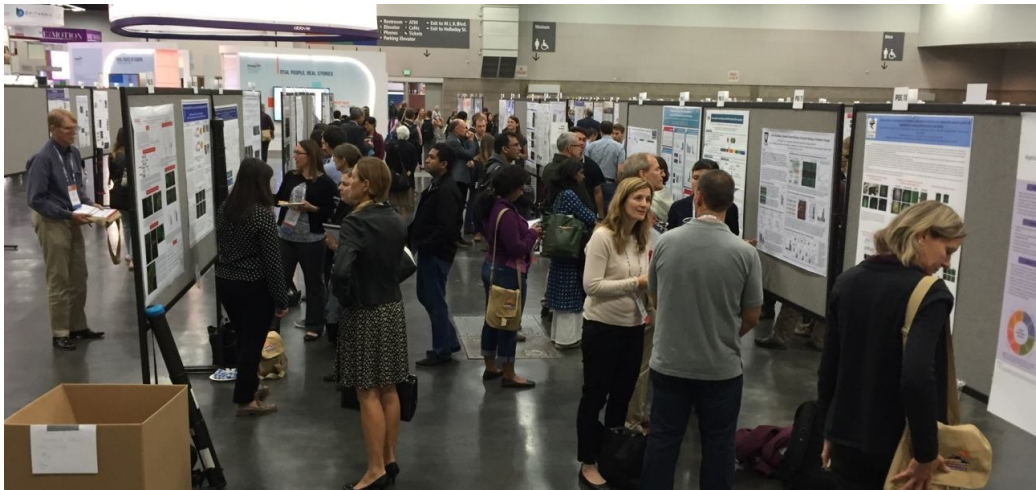
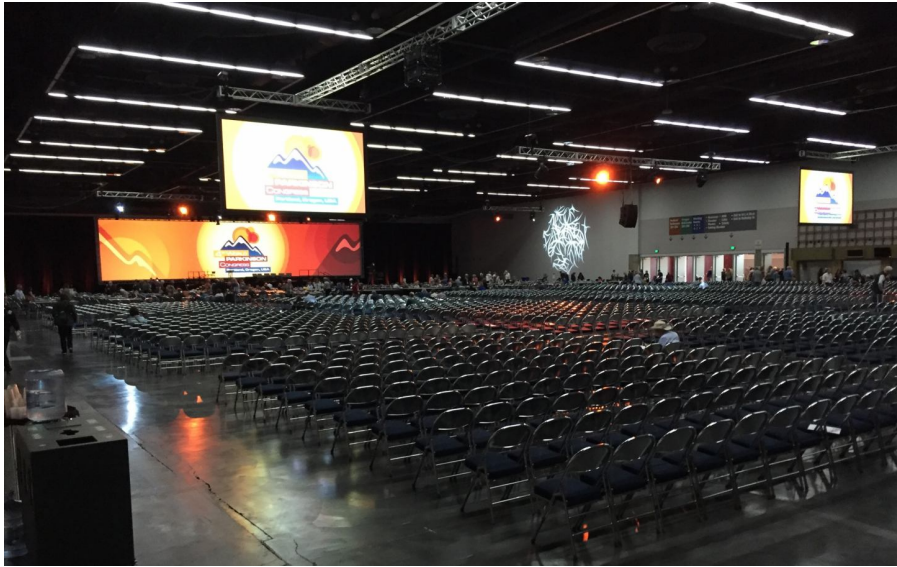


# Review of World Parkinson Congress 2016

## Welcome

4,600 Delegates  
67 Different countries represented  
*Lots of PWPs & Care Partners*  
Seating for 3,500 in the main auditorium



# Our Journey begins...

- A mountain
- A city
- Two rivers
- A flood of impressions



- *“The doors are closing; the train is departing; PLEASE HOLD ON!”*







Advancing Science  
Promoting Community  
Inspiring Hope



A Review of the 4<sup>th</sup> World Parkinson Congress

*David Adams & Alison Williams*

# Who Inspired us?

- Astonishing people

Inspiring

Gaynor Edwards  
(Spotlight YOPD)



Tom Isaacs



Does it hurt, Granny?  
and other stories

By Dawn May  
Illustrations by Phil Goss



Dawn May



David Leventhal

# Also



- Being listened to
- Taking control (?? .. *work on this*)
- The power of community (*yay!*)



# Changes we are making...

- More **action** and **responsibility** for our own **well-being**
- More **FUN!**





Advancing Science  
Promoting Community  
Inspiring Hope



Portland, Oregon, Sept. 20-23

<div> <div>WPC 2016</div> <div>4<sup>th</sup> WORLD PARKINSON CONGRESS PORTLAND, OREGON, USA September 20-23, 2016</div> </div>				
PROGRAM-AT-A-GLANCE				
	TUESDAY SEPT 20	WEDNESDAY SEPT 21	THURSDAY SEPT 22	FRIDAY SEPT 23
8:00 AM 9:00 AM		Hot Topics	Hot Topics	Hot Topics
9:15 AM 11:15 AM	PRE-CONGRESS COURSES COURSE 1: Fundamental of PD COURSE 2: Interdisciplinary Care COURSE 3: Scientific & Clinical Research Updates	Morning Plenary	Morning Plenary	Morning Plenary
11:30 AM 1:30 PM		Lunch/Poster Presentation	Lunch/Poster Presentation	Lunch/Poster Presentation
1:30 PM 3:00 PM		Parallel Sessions Workshops Coffee break	Parallel Sessions Workshops Coffee break	Parallel Sessions Workshops Coffee break
3:30 PM 5:00 PM		Parallel Sessions Workshops	Parallel Sessions Workshops	Parallel Sessions Workshops
5:15 PM 6:30 PM	Open free time	Poster Tours End of Day wrap-up	Poster Tours End of Day wrap-up	End of Day wrap-up Closing remarks & Raffle (6:00 PM – 6:30 PM)
6:30 PM 10:00 PM	Opening Ceremony (6:30 PM – 7:45 PM)  Welcome reception Exhibit Hall (7:45 PM – 10:00 PM)	Networking Events: RNs, PTs, OTs, SLPs, SWs (6:30 PM – 8:00 PM)  Special Event: WPC at the Movies (7:30 PM – 9:30 PM)	Special Event: Movement, Music & PD (7:30 PM – 9:30 PM)	

## Tuesday

3 Pre-conference courses with 29 presentations

## Wed/Thurs/Fri 0800 – 2130

27 Morning plenary presentations

21 Lunchtime sessions

126 Afternoon parallel sessions (2 lots)

43 Afternoon roundtable discussions (2 lots)

10 Evening events

563 Posters and 25 poster tours

+ Wellness Way activities

+ WPC Theatre activities

## No. of sessions we got to

Alison: 32 (and a David Leventhal Dance Class!)

David: 40 (plus PUK pizza supper)

Feeling weird –  
going to chill out  
in meditation  
lounge. See you  
back here at end  
of session.





# Certificate of Attendance

*David  
Adams*

attended the 4th World Parkinson Congress in Portland,  
Oregon, USA, from September 20-23, 2016.



# Caveats

Our stories are from the sessions we got to –

We have *more questions* than we started with..

*Links* to things you may want to explore...?

David tends to man-splain, Alison tends to preach  
– *Throw things when you feel bored!!*