

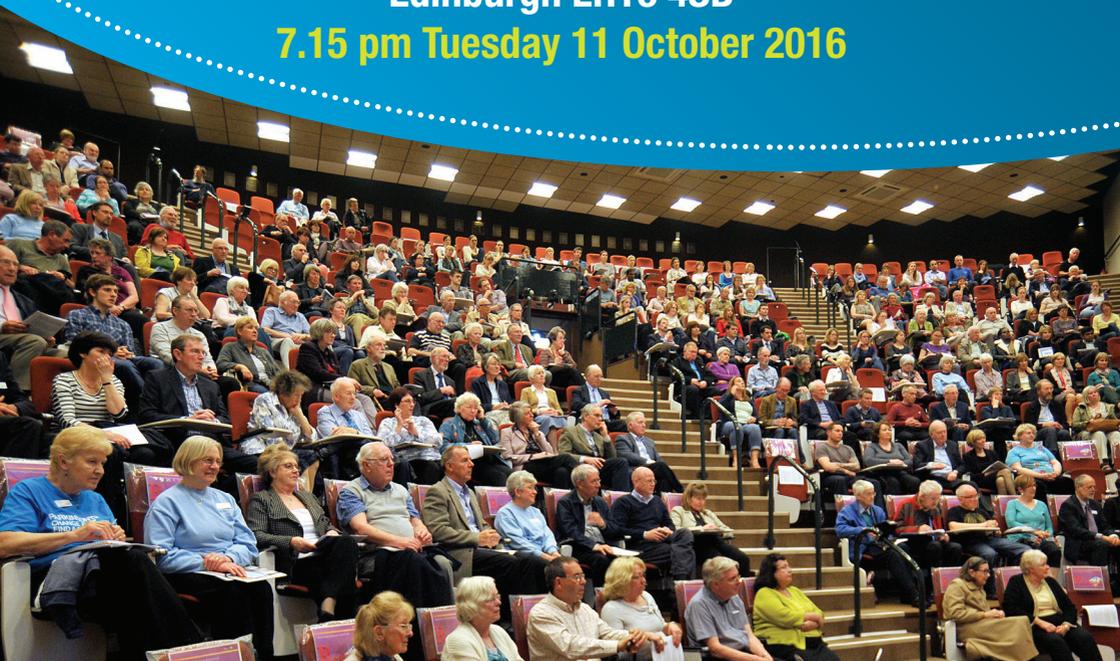
The Edinburgh Parkinson's Lecture 2016

# The Future of Parkinson Care

Professor Bastiaan Bloem MD PhD

The Chancellor's Lecture Theatre  
Edinburgh Royal Infirmary  
Edinburgh EH16 4SB

7.15 pm Tuesday 11 October 2016



**Admission by ticket only**

Tickets are free but advance registration is required.  
Application may be made using Eventbrite at [www.edinburghparkinsons.org](http://www.edinburghparkinsons.org)  
or by using the attached application form.

## Our speaker

# Professor Bastiaan Bloem



Prof Bastiaan R Bloem (1967) is a consultant neurologist at the Department of Neurology, Radboud University Nijmegen Medical Centre, the Netherlands. He received his MD degree (with honour) at Leiden University Medical Centre in 1993. He obtained his PhD degree in 1994, based on a thesis entitled "Postural reflexes in Parkinson's disease". He was trained as a neurologist between 1994 and 2000, also in Leiden. Prof. Bloem received additional training as a movement disorders specialist during fellowships at "The Parkinson's Institute", Sunnyvale, California and the Institute of Neurology, Queen Square, London. In 2002, he was appointed Associate Professor in Neurology. Also in 2002, he became Medical Director of the Parkinson Centre Nijmegen (ParC), which was recognised in 2005 as an NPF centre of excellence for Parkinson's.

Together with Dr. Marten Munneke, he developed the regional ParkinsonNet concept, which in 2006 received an award for the best health care innovation in the Netherlands. Prof. Bloem is past-president of the International Society for Gait and Postural Research, and serves on the editorial board for several national and international journals. His main research interest focuses on coordination of motor control, with emphasis on Parkinson's. Various projects evaluate gait, balance and falls, in particular the epidemiology, pathophysiology and development of innovative therapies. Additional projects focus on improving allied health care for Parkinson patients, including the implementation and evaluation of complex changes in health care. Prof. Bloem has published over 500 peer-reviewed scientific papers and book chapters.

## The Future of Parkinson Care

The world around is changing. This is best exemplified by the drastic changes that are happening today in the internet world: we have moved from Web 1.0 (one-way traffic, with read-only content on websites) to Web 2.0, where users can make active contributions and help to co-create content. In a similar fashion, health care should move to Health 2.0, perhaps better phrased as Collaborative Care or Participatory Medicine. According to this new approach, patients are no longer passive objects, but are active subjects who contribute to their own health and disease management. At the same time, doctors and other health professionals change from the traditional 'almighty' leaders, into coaches of patients and their families. And the traditional 'institution-oriented' organization of health care increasingly moves towards a world of virtual and dynamic health networks, with the patient's health problems as the leading path. As such, patients will become members of the multidisciplinary team that is needed to treat and manage complex disorders such as Parkinson's or Alzheimer's. The active role assumed by patients can take many forms: self-

selecting their own health professionals, based on transparent information about the quality of care (based on quality indicators and consumer reviews); full access to their own medical records; ability to communicate easily with health professionals or other patients via web-based facilities; helping to make the right treatment choices via shared decision making; active participation in guideline development. Of course, this Participatory Health is not a world where the patient is solely in charge; patients themselves neither request this, nor is it necessary but it does represent a world where patients are taken seriously, and where the power of the patients and their families is maximally exploited to gain optimal health profits. And web-based communities will also help health professionals to easily exchange ideas and experiences, thereby increasing the knowledge of the professional network. In The Netherlands, we have begun to implement several elements of Participatory Health into the disease management of families with Parkinson's, and these new concepts are increasingly being developed with the patients themselves. I will highlight some of these developments in my presentation.

## Lecture Programme

**7:15pm Tuesday, 11 October 2016**

Entry to the venue is from 6.00 pm.

There will be a reception with light refreshments before the lecture.

The programme will be chaired by Professor Siddharthan Chandran, MacDonald Professor of Neurology, University of Edinburgh

**Introduction** Professor Siddharthan Chandran

**Lecture** Professor Bastiaan Bloem

**Questions** Dr Conor Maguire, Consultant Physician, Medicine for the Elderly, Western General Hospital, Edinburgh

**Closing remarks** Steve Ford, CEO, Parkinson's UK

The lecture has been arranged and funded by the Edinburgh Branch of Parkinson's UK, the Lothian Parkinson's Service Advisory Group and the MRC Centre for Regenerative Medicine.

## Applications for tickets

**Admission is free but by ticket only**

Tickets will be issued on a first-come first-served basis.

Applications may be made using Eventbrite via the web page

[www.edinburghparkinsons.org](http://www.edinburghparkinsons.org)

Applications may also be made by post, using the attached application form, which should be completed and returned to:

**Mrs Pat Stewart, Hon Secretary,  
Edinburgh Branch, Parkinson's UK,  
PO Box 28819,  
Currie EH14 9AT**

Seating in the back three rows of the lecture theatre will be reserved for those with limited mobility. Please note that due to Health and Safety requirements the venue can only accommodate up to six wheelchairs.

# Our sponsors

## Edinburgh Branch, Parkinson's UK



We help people with Parkinson's, their families and friends in Edinburgh and Lothian in any way we can. We offer opportunities for members to meet, share experience and support each other as well as information about health and life style issues, and a broad range of group activities. We also represent local Parkinson's interests to NHS Lothian

and other agencies. We want the best standards of care and medical facilities for people with Parkinson's in Lothian.

**Contact:** Mrs Pat Stewart, email: [Honsec@edinburghparkinsons.org](mailto:Honsec@edinburghparkinsons.org), tel: 0131 449 2705, [www.edinburghparkinsons.org](http://www.edinburghparkinsons.org)

## Lothian Parkinson's Service Advisory Group



The Group was founded in 2007 by Parkinson's specialists to co-ordinate and develop services for people with Parkinson's in Lothian. The Chair is Dr Conor Maguire, Consultant Physician, Medicine for the Elderly at WGH Edinburgh. Pictured are the three members of the Parkinson's Specialist Nurse Team. Left to Right; Allison

Darbyshire, Alison Stewart and Tina Daniels.

**Contact:** Alison Stewart, email: [Parkinsons.nursespec@luht.scot.nhs.uk](mailto:Parkinsons.nursespec@luht.scot.nhs.uk), tel: 0131 465 9156

## MRC Centre for Regenerative Medicine, University of Edinburgh



The MRC Centre for Regenerative Medicine is a world leading research centre based at the University of Edinburgh. The researchers study stem cells, disease and tissue repair to advance human health. The Centre is based at the Scottish Centre for Regenerative Medicine building, on a site shared by the Royal Infirmary Hospital and the

University's Clinical Research facilities. With new state-of-the-art facilities and a team of scientists and clinicians, the Centre is uniquely positioned to translate scientific knowledge to industry and the clinic.

**Contact:** Dr Tilo Kunath, email: [tilo.kunath@ed.ac.uk](mailto:tilo.kunath@ed.ac.uk), tel: 0131 651 9500, [www.crm.ed.ac.uk](http://www.crm.ed.ac.uk)

