

West Lothian Support Group Summer Update 2015

Care Information Scotland (CIS)

CIS has been set up by NHS24 to give a single point of contact at which information on all aspects of caring, and many related areas such as benefits, is available. The website is very well set out, with appropriate links to other sites, such as government and specialist organisations.

www.careinfoscotland.scot has a Web Chat facility which operates 8am to 10pm, 7 days a week – useful when speech or hearing is difficult. It also has BrowseAloud – select any text on the site and it will be read out for you. Telephone 0800 0113200 is manned 8am to 10pm, 7 days a week. Finally, you can send email to CareInformationScotland@nhs24.scot.nhs.uk.



The Kohler Ball on Friday 4th September 2015

A new event raising funds for Parkinson's UK, will be held for the first time at the Hilton Edinburgh Grosvenor.

All are most welcome for an evening of fine dining, charity fundraising and highland dancing. It starts with a drinks reception at 7pm, followed by dinner at 7.30pm; carriages at 1am.

For tickets and information, 'phone or text Ross Kohler on 07557046250 or email him rk178@hw.ac.uk.



Parkinson's UK in Scotland on Facebook.

Kerry Scott, Community and Events Fundraiser – East Scotland has asked me to pass on this link to the brand new Parkinson's UK in Scotland Facebook page. She suggests we all should Like the page in order to benefit from all future posts. www.facebook.com/parkinsonsukinscotland

The page will be used for promoting upcoming events, thanking our supporters, displaying current PUK information and to provide a platform for all in the network in Scotland to give their feedback.

New Horizon

This is the 10th issue of West Lothian Council's free and comprehensive guide to services and facilities available to all residents aged over 50. It is biased in favour of the needs of anyone living with disability, and for their carers. Most council and NHS premises have copies you can take away.

As well as being thorough, it is very clearly laid out and pleasing to use. Some of us will appreciate being able to find out information quickly and with no risk of straying off in all directions, as can happen when searching on line.

