
From: Ken Bowler
Sent: Sunday, February 7, 2016 12:16 PM
To: Adams, David
Subject: Fwd: Research Roundup February 2016

Hello research supporter

At the beginning of each month we put together a roundup of all the latest research developments, events, opportunities and other news that we hope will be of interest to our research supporters.

Research news

It's been an exciting month for Parkinson's research- here are some of the highlights:

- **Common dementia drug could improve Parkinson's symptoms**

Parkinson's UK research fellow Dr Emily Henderson has discovered that the dementia drug Rivastigmine could hold the key to preventing debilitating falls for people with Parkinson's.



Find out more here-
<http://bit.ly/1PUz9vM>

- **Are occupational therapy and physiotherapy effective in Parkinson's?**

A recent study has suggested that occupational therapy and physiotherapy aren't effective for people with Parkinson's. We disagree!

Read our opinion on this research here- <http://bit.ly/1X5TZhp>

- **Take a look at our new Patient and Public Involvement (PPI) resource**

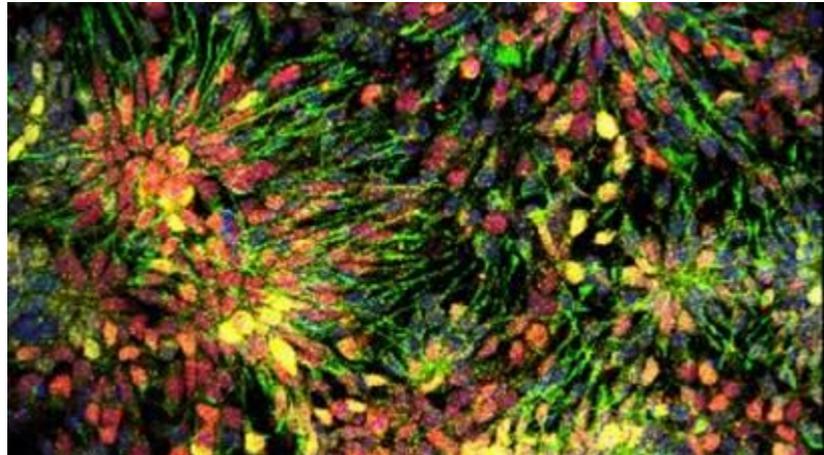
We have launched a new resource which aims to help Parkinson's researchers involve people with the condition in all stages of their research.

Read more here- <http://bit.ly/1P98C0q>

Come to a research event

- **Gretschien Amphlet Memorial Lecture 2016**

Can stem cells deliver on their promise for Parkinson's? Join us in Cambridge for our annual Gretschien Amphlet Memorial Lecture where Professor Roger Barker will be discussing this question.



Find out more and book tickets here: <http://bit.ly/1PCYqyR>
Also, find out about other research events [here](#)

Participate in research

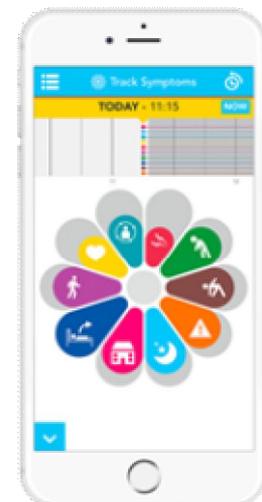
- **Help researchers to understand if self-reporting of symptoms can help improve quality of life**

A new mobile application (app) has been developed to provide people with tools to track and self-manage symptoms. This research aims to see if using this app can help improve quality of life for people with Parkinson's.

Who can take part? People with and without Parkinson's who have access to either a tablet and/or smartphone on a daily basis.

What is involved? Participants will be asked to download the app and register an account. Participants will then use the app to regularly track their symptoms and feelings for a period of 100 days. **For further information please see the attached participant information sheet.**

Interested in taking part? To find out how to take part visit the UMotif website here- www.100forparkinsons.com



- **Share your experiences for Parkinson's Awareness Week**

A couple of weeks ago we asked you to share your experience of telling friends, family or colleagues about your diagnosis by filling out a short survey. **Thanks to you we've had an overwhelming response! But we still need your help...**

Parkinson's Awareness Week, which this year runs from 18-24th April, is the perfect opportunity to talk to the public about the realities and challenges of life with Parkinson's. The Parkinson's UK Media team are looking for people who are happy to share their stories of diagnosis with the media.

If you would like to share your story with someone in our media team and find out a bit more about what we're planning for Parkinson's Awareness Week -get in touch with **Joe, our Press and Policy Assistant**, by calling [0207 963 3945](tel:02079633945) or emailing pr@parkinsons.org.uk

- **Tell us what you think about our research studies webpage**

We have recently updated the way that our list of UK research studies is displayed on our website. Take a look at our new format [here](#) and contact us at participation@parkinsons.org.uk to let us know what you think.

Other Research Highlights

- Saliva test could help with Parkinson's diagnosis - <http://bit.ly/1PYJtZU>
- Study investigates the link between excess iron in the brain and Parkinson's- <http://bit.ly/1K2vFv9>

Spread the word

Please circulate this roundup to members of your Parkinson's UK local group, Parkinson's nurse, family and friends who might be interested.

Not a member of our Research Support Network? Join us!

Keep up to date with all the latest research news, events and opportunities to take part and help shape research. **Sign up here** – <http://bit.ly/rsnsignup>

Thank you for supporting research!

With Best Wishes,
Sophie McLachlan

Research Communications Officer

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Help us find [new and better treatments](#) in years, not decades.

We're the Parkinson's charity that drives better care, treatments and quality of life. Together we can bring forward the day when no one fears Parkinson's.

Web: parkinsons.org.uk Facebook: facebook.com/parkinsonsuk Twitter: twitter.com/parkinsonsuk

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's. Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom. A company limited by

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