



Queen Margaret University
EDINBURGH

INVITATION TO TAKE PART IN A SURVEY re: PHYSICAL ACTIVITY and PARKINSON'S DISEASE Information Sheet

Hello. Our names are Catriona Dunwoodie, Edel Ní Ríordáin, Simon Melling, Rosa De Los Santos and Eleftherios Paraskevopoulos. We are BSc Physiotherapy undergraduate students from the School of Health Science at Queen Margaret University in Edinburgh. As part of our degree course, we are undertaking a research project for our Honours dissertation. The title of our project is: *"A questionnaire to establish the barriers and the facilitators to physical activity in people with Parkinson's Disease in Lothian."*

This project has been granted ethical approval by Queen Margaret University. We are working with Parkinson's Disease Society (PDS) Edinburgh to investigate physical activity in people with Parkinson's Disease. We provided PDS with the attached questionnaire and reply envelope, members of the PDS addressed the envelopes and sent them out. Therefore at no stage did we access any personal details for you. **If you have received this questionnaire in error and you do not have Parkinson's Disease, could you kindly return the blank questionnaire in the stamped addressed envelope to QMU.**

Parkinson's Disease can make participation in regular physical activity difficult. This study will look at what helps you or stops you from being physically active. We would like to ask you a few questions about your experience of participating in physical activity and any difficulties you may face.

The findings of the project will be useful for further research in the area of promoting physical activity for people with Parkinson's Disease.

We have attached a questionnaire for completion. Please note, this is completely anonymous and please feel free to omit a question if you feel uncomfortable answering it. By completing this questionnaire and returning it you are consenting to the findings being used for further research, if you do not wish to participate please feel free to not respond to this questionnaire.

We are not aware of any risks associated with completing this questionnaire. The whole questionnaire should take no longer than 15 minutes to complete, if a friend or relative fills this in for you please note this on the questionnaire. As all data is anonymous, no identifiable information will be evident on the returned questionnaires. The results may be published in a journal or presented at a conference with the permission of QMU. The anonymous data collected through this study will be kept for a period of five years in a secure location in the University.

If you would like more information and would like to contact an independent person, who knows about this project but is not involved in it, you are welcome to contact Jane Hislop. Her contact details are given over-leaf.

If you have read and understood this information sheet, any questions you had have been answered, and you would like to be a participant in the study, please complete the questionnaire and return it (by 6th December 2012) to QMU in the pre-paid envelope enclosed.

Contact details of the independent adviser

Name of adviser: Jane Hislop

Address:

Physiotherapy Department, School of Health Science,
Queen Margaret University, Edinburgh
Queen Margaret University Drive
Musselburgh,
East Lothian, EH21 6UU.

Email: jhislop@gmu.ac.uk

Telephone: 0131 474 0000

(ask for Jane Hislop at auto prompt)

Contact details of the researcher's**Address:**

Parkinson's Disease Honours Project Research Group,
Physiotherapy Department,
School of Health Sciences
Queen Margaret University, Edinburgh
Queen Margaret University Drive
Musselburgh
East Lothian EH21 6UU

Email: 09003272@gmu.ac.uk

Telephone 0131 474 0000

(ask for Gillian Baer at auto prompt)

Many Thanks for your help in providing information for our research study