



## Parkinson's Nurse Newsletter

Issue 5 November 2011

### Parkinson's news

The Edinburgh Branch and support groups have now recommenced for this session. The 2011 programme is now available from [www.parkinsons.org](http://www.parkinsons.org)

There is now a new **Parkinson's Information Support Worker (ISW)** Shona Lawson. She covers Forth Valley and West Lothian. Details through Parkinson's UK. We wish Shona the best in her new role and look forward to working with her.

### Article of interest

McLaughlin, D., Hasson, F., Kernohan, W.G., Waldron, M., McLaughlin, M., Cochrane, B., Chambers, H. (2010) Living and coping with Parkinson's disease: Perceptions of informal carers. Palliative Medicine. 25, (2) pp. 177-182.

### Dates for your diary

Look out for **Time for Tea events!** A 10 minute talk on Parkinson's at your tea break.

### Telephone Audit 2011

The nurses are now embarking on their third year of the telephone audit with an addition of an evaluation/outcome of calls using the rapid patient response model. The audit ended on the 2<sup>nd</sup> October and hopefully the results will be available on the website by December 2011.

### Time for tea

This is a new initiative for the Parkinson's nurses this year. We will be planning 10-minute teaching sessions on Parkinson's and giving you a cup of tea and a piece of cake! Watch this space to find a venue near you.

### Psychology team and Anxiety research project - Update

Marlene MacInnes, trainee clinical psychologist has now completed the Pilot Study phase of the project and is now busy writing up the evaluation.

### E-learning module through learn Pro

So far 407 people have passed the "Caring for the Parkinson's patient in hospital" Module. Keep up the good work and ensure all your colleagues know about the module. We know it makes a positive impact, is fun to do and benefits the patients you look after.

### The Website

Let us know what you find useful and also if there is anything you would like us to add. Please contact us with any ideas @ [alison.stewart@luht.scot.nhs.uk](mailto:alison.stewart@luht.scot.nhs.uk)

### Information Day 2011

The Information day is to be repeated in Edinburgh and we are in discussion with East and West Lothian to replicate it there after the success of the Edinburgh event.



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